

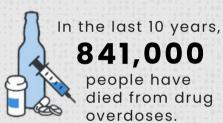
WHY MENTAL HEALTH FIRST AID?

Mental Health First Aid teaches you how to identify, understand and respond to signs of mental health and substance use challenges among adults.



On average,

130
people die by suicide every day.



Nearly

1 in 5



in the US lives with a mental illness.

WHO NEEDS TO KNOW MENTAL HEALTH FIRST AID?

- Police
- Fire/EMS
- 911 Operators
- Healthcare Workers
- Crisis Counselors

WHAT IT COVERS

- Common signs and symptoms of mental health and substance use challenges
- How to interact with a person in crisis
- How to connect a person with help
- Expanded content on trauma, substance use and self-care

Attendees will complete a 2-hour self-paced online course, and participate in a 6-hour online, instructor-led training class.

This course will teach you to support others in crisis effectively and with confidence.

Enrollment is open to residents of the United States and Canada only.

REGISTER NOW AND SECURE YOUR SPOT TODAY!