HOSTAGE RESCUE TRAINING

COURSE OVERVIEW AND INSTRUCTIONAL GOALS

COURSE LENGTH: 40 Hours (5 Days) (5th Day is Optional)
4 Hours Classroom
36 Hours Practical

COURSE OVERVIEW

This course offers training for SWAT team members with prior basic SWAT training and will address advanced tactics and techniques. Students will be introduced to and trained in the crucial aspects of hostage rescue operations. Topics include hostage rescue concepts, rapid deployment, emergency entry tactics, tactical operations center, and crisis negotiations concepts. Hostage rescue techniques and force options will be covered in-depth including stronghold, vehicle, and tactical precision long rifle options. The students will complete multiple fast-paced field training exercises that will improve and enhance tactical skills.

INSTRUCTIONAL GOALS

Upon completion of this course the attendee will be familiar with:

1. Procedures for resolution of a hostage situation
2. Tactical operations center concepts
3. Crisis negotiations concepts
4. Hostage rescue techniques and options
HOSTAGE RESCUE TRAINING
DAY TO DAY / HOUR TO HOUR AGENDA

DAY ONE
Hours: Instruction:
0800-0830 Course Administration, Safety Awareness (Classroom)
0830-1200 HRT Concepts, Operator Deployment, Emergency Rescue Concepts (Classroom)
1200-1300 Lunch (not provided)
1300-1700 Emergency Rescue Entry & Operator Deployment Techniques (Practical Drills)

DAY TWO
Hours: Instruction:
0800-1200 Compressed Scenarios with Emergency Rescue Entry (Practical Drills)
1200-1300 Lunch (not provided)
1300-1700 Deliberate Rescue Techniques (Practical Drills)

DAY THREE
Hours: Instruction:
0800-1200 Hostage Rescue Tactics Involving Vehicles / Buses (Practical Drills)
1200-1300 Lunch (not provided)
1300-1700 Firearms Range (Practical Drills)

DAY FOUR
Hours: Instruction:
0800-1200 Stealth Movement, Transition from HR to Barricade, Operating in a Gas Environment (Practical Drills)
1200-1300 Lunch (not provided)
1300-1700 HRT Team Movement Utilizing Simunitions® (Practical Drills) / Debriefs

DAY FIVE
OPTIONAL DAY
Hours: Instruction:
0800-1200 Compressed Scenarios Utilizing Simunitions® & Role Players (Practical Drills)
1200-1300 Lunch (not provided)
1300-1700 Scripted HRT Scenarios Utilizing Simunitons® & Role Players (Practical Drills) / Debriefs
I. Preface

A. Course Overview
B. Instructional Goals
C. Agenda
D. Outline
E. Co-Host Logistics

II. HRT Concepts

A. Types of Hostage Incidents
   i. Conventional Criminal vs. Terrorist
   ii. Suicidal
B. Possible Actions of Hostage Takers
C. Law Enforcement Response to Hostage Incidents
   i. Patrol
   ii. Incident Command
   iii. SWAT Commander
   iv. Use of Force
D. Crisis Negotiations Basic Concepts
   i. CNT Objectives
   ii. How Long to Negotiate
   iii. Measuring Progress

III. Hostage Rescue Tactics

A. Phases of a Planned and Deliberate Hostage Rescue
   i. Planning
   ii. Rehearsal
   iii. Movement
   iv. Intervention
   v. Withdrawal
B. Deployment Procedures
   i. Approaches
   ii. Weapons Choices
   iii. Equipment
   iv. Elements of Rescues
   v. Assignments of Personnel
   vi. Roles of Personnel
vii. Custodial Considerations
viii. Decision-Making

C. Known vs. Unknown Layout
D. Bus Assaults
E. Vehicle Assaults
F. Intervention Options
   i. Open Air
   ii. Mobile
   iii. Stronghold

IV. Types of Rescues

A. Emergency Rescue
B. Planned or Deliberate Rescue
C. Contingency Plans

V. Compressed and Scripted Scenarios

A. With and Without Role Players
B. Known vs. Unknown Layout
C. Assignments and Roles of Personnel
D. Emergency Rescue
E. Planned or Deliberate Rescue
   i. Tape out known layouts
   ii. Rehearsals
F. Movement Techniques
G. Decision-Making
H. Custodial Considerations

VI. Firearms Drills

A. Movement
B. Elevated Heart Rate
C. Precision
D. Decision-making
E. Shoot / No Shoot
HOSTAGE RESCUE TRAINING

CO-HOST LOGISTIC REQUIREMENTS

CLASSROOM

Adequate seating for up to 34 students with tables, good ventilation
Marker board and markers
Flip chart with paper

AUDIO VISUAL

LCD Projector for computer presentation
Large projection screen (minimum of 6’x6’ screen size)
Speaker system to connect to laptop for audio
Extension cord and power strip
AV table or cart

OTHER

Access to copier
Training weapons and 9mm marking rounds
2 or 3 role players for day 5 (if applicable) of training (Each should wear long sleeve shirts and pants)
Ballistic shield
Ram
Halligan tool
Chemical agent house if diversionary devices are available
Emergency Medical Support nearby

MOVEMENT AREAS

One (1) commercial building with multiple floors and rooms
Three (3) to (Four) 4 vacant houses / apartments / commercial buildings. Each location having multiple rooms and floors for clearing purposes.
If diversionary devices are available, these movement areas will need to support their use
HOSTAGE RESCUE TRAINING
STUDENT EQUIPMENT LIST

INDIVIDUAL

Law Enforcement ID
Successful completion of Basic SWAT course or equivalent
Ballistic helmet (PASGT type)
Body armor / Entry vest
Boots
Chemical agent mask
Goggles / eye protection
Groin and neck protection
Gloves
Primary entry weapon (SMG, Shotgun)
Secondary weapon (Pistol)
100) Rounds rifle ammunition
100) Rounds handgun ammunition
Rain gear
SWAT uniform
Training weapon
100) Marking rounds for training weapon

Optional Equipment Recommended
Flashlight and 20’ piece of 1” tubular nylon
Light mount for weapons *Highly Recommended*
Load bearing vest
Mirrors for searching
Rubber doorstops